

# September

# 2015-16

## Nutrition | RED OAK | \$3

Each meal is served with fresh fruit and a choice of fat free or 1% milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Baked French Toast	2 <i>EARLY DISMISSAL</i> Pizza Bagel	3 Egg & Potato Breakfast Burrito	4 Cinnamon Pretzel	5
6	7 <i>Labor Day</i> No School	8 Fruit & Yogurt Parfait + Mini Muffin	9 <i>EARLY DISMISSAL</i> Berry Smoothie + Cereal	10 Scrambled Eggs & Toast	11 Cinnamon Pretzel	12
13	14 <i>Local Holiday</i> No School	15 Baked French Toast	16 <i>EARLY DISMISSAL</i> Pizza Bagel	17 Egg & Potato Breakfast Burrito	18 Cinnamon Pretzel	19
20	21 Bagel w/ Cream Cheese	22 Fruit & Yogurt Parfait + Mini Muffin	23 <i>Local Holiday</i> No School	24 Scrambled Eggs & Toast	25 Cinnamon Pretzel	26
27	28 Bagel w/ Cream Cheese	29 Baked French Toast	30 <i>EARLY DISMISSAL</i> Pizza Bagel			



All menu items are made without peanuts or tree nuts.



Menu items are prepared without meat ingredients unless otherwise specified

*Menu is subject to change without notice*